

Stress is a Priority

Simplify your Life!

FREE

Registration is
required

Wednesday, 2 September

6:30pm-8:30pm

Child Care Links
Conference Room

Please contact
925.417.8733 or
mail@childcarelinks.org
to register

Join **Carol Thompson, Executive Director of Child Care Links**, for this informative, interactive and fun workshop that will assist parents and Child Care Providers in evaluating and prioritizing their stress. Statistics and audience participation will provide an avenue to make decisions about what are the most important things in their lives.

Develop tools to schedule priorities in order to simply their lives.

UPCOMING EVENTS

Saturday, 12 September
Zoophonics
8:30am - 3:30pm

Wednesday, 16, 23 & 30 Sept.
Baby Sign Language
6:30am—8:30pm



CITY OF
DUBLIN

